

Migraine Treatment Optimization Questionnaire-5 (mTOQ-5) Results

Assessment results

If you answered "yes" to any questions, you should talk to your doctor about your symptoms.

1. Can you count on your migraine medication to relieve pain within 2 hours for most attacks? Yes No
2. Does one dose of your migraine medication relieve your headache and keep it away for at least 24 hours? Yes No
3. Are you able to return quickly to your normal activities (ie. work, family, leisure, social activities) after taking your migraine medication? Yes No
4. Is your migraine medication well tolerated? Yes No
5. Are you comfortable enough with your migraine medication to be able to plan daily activities? Yes No

REFERENCES: 1. Lipton RB, Kolodner K, Bigal ME, et al. Validity and reliability of the migraine-treatment optimization questionnaire. *Cephalalgia*. 2009;29(7):751-759. doi:10.1111/j.1468-2982.2008.01786.x

2. Ailani J, Burch R, Robbins MS. The American Headache Society Consensus Statement: update on integrating new migraine treatments into clinical practice. *Headache*. 2021;61(7):1021-1039. doi:10.1111/head.14153