

# Colorectal screening

## What to ask your doctor

Bring these questions to your appointments or keep them on your phone. You don't need to ask them all—just pick the ones that make you feel prepared and supported.

### Choosing the right test

- What are all my screening options, and which do you recommend for me?
- What are the pros and cons of colonoscopy versus stool-based tests?
- How accurate is each test option?

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### About your colonoscopy

- What preparation is required, and how can I make it easier on myself?
- Will I be sedated, and will I need someone to drive me home?
- What are the risks of colonoscopy?
- What happens if you find polyps during the procedure?
- If polyps are removed, will my insurance still cover it as preventive screening?

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### About stool tests

- How do I collect the sample correctly?
- Where do I send it, and how long until I get results?
- What does a positive result mean, and what would happen next?

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### Family history and risk

- Does my family history put me at higher risk?
- Should I start screening earlier than 45?
- Do I need more frequent screening than the standard recommendations?

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### After screening

- When will I get my results, and how will you share them with me?
- How often do I need to repeat this screening?
- What symptoms should I watch for between screenings?